



Psychology Internship Program

Cherokee Health Systems

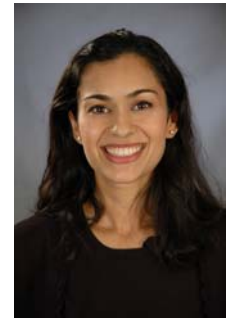


Together...Enhancing Life

Accredited by the American Psychological Association

Dear Student,

Thank you for your interest in the APA-accredited Psychology Internship Program at Cherokee Health Systems (CHS). The psychology internship program accepts three applicants each year into a 12 month, 2000 hour internship. The primary goal of our internship is to provide an intensive and diverse clinical training experience within a community health setting. CHS's progressive and broad-based health services and longstanding commitment to training of psychologists and other health professionals make it a rich learning environment for interns. Interns participate in a unique range of clinical rotations, including integrated primary behavioral care, psychosocial rehabilitation, as well as traditional outpatient mental health care. Additional opportunities for specialty electives are also available to enrich the training experience. With 23 sites in an 13 county area, CHS serves an increasingly diverse population with a variety of behavioral health needs, thus offering a variety of clinical training experiences for interns.



The faculty of the training program includes thirty highly trained psychologists as well as a multidisciplinary team of health care professionals, including primary care physicians, psychiatrists, and clinical social workers. Psychologists from the University of Tennessee as well as the private sector also participate in the training program.

We invite your questions and look forward to your application to our program.

Best Regards,

Parinda Khatri

Parinda Khatri, Ph.D.

Director, Psychology Internship Program

Cherokee Health Systems

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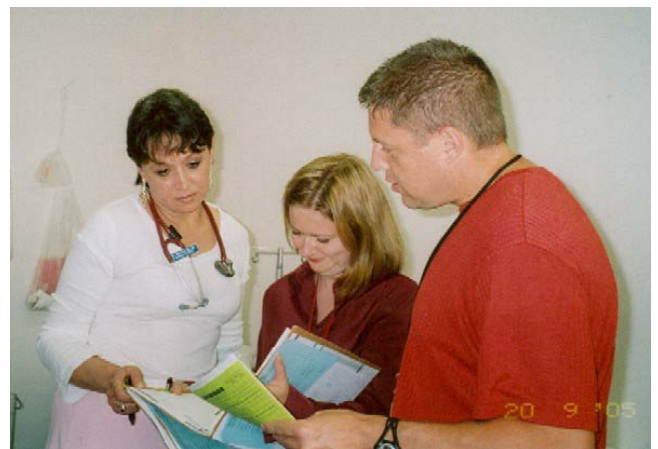
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About Cherokee Health Systems

From humble beginnings in 1960, *Cherokee Health Systems (CHS)* has grown to become a comprehensive health services organization touching tens of thousands of lives every year throughout East Tennessee.

Over the past 45 years, the need for quality health care in this region has prompted the expansion of *Cherokee's* scope of services and the range of staff expertise to include not only behavioral health services, but medical and dental programs as well.

Today CHS operates 23 locations in 13 counties. We offer a wide array of comprehensive primary care and mental health programs and services, touching thousands of lives every year throughout East Tennessee.

More than 500 professional and support staff members, including psychologists, physicians, social workers, nurses and specialists in public health, comprise the ranks of this health services corporation. CHS is the largest employer of psychologists in east Tennessee. Psychologists provide the leadership for most of the treatment programs and consultative services. CHS has had a long-standing commitment to training of predoctoral psychologists. We are a clinical practicum site for doctoral clinical and counseling students from the University of Tennessee and also participate in a school psychology internship consortium.

Mission

The mission of this comprehensive integrated services system is to improve the quality of life for our patients through the integration of primary care, behavioral health, substance abuse treatment and prevention programs.

Guiding Principles

Cherokee Health Systems is committed to a model of patient care that integrates medical and behavioral perspectives. We emphasize prevention and self-help approaches, partnering with patients in a treatment approach that builds resiliency and encourages personal responsibility for health. Cherokee is committed to evaluating the services provided and will adopt or develop best practice guidelines and treatment protocols whenever practical.

We work together... enhancing life.

What is Integrated Care?

Cherokee Health Systems believes in a type of holistic care called 'Integrated Care'. This biopsychosocial approach to health care addresses the whole person by integrating behavioral services into primary care. By combining the best traditions of primary care (adult, family practice, pediatric) and mental health services the integrated health care team is able to treat the whole person so all patient needs are met.

Behavioral health consultants work within a primary care setting and are involved in on site and timely assessment, brief intervention and consultation with patients. Services include education, behavioral management and treatment for mental health disorders. After meeting with a physician or nurse, a psychologist may assess and treat patients with behavioral concerns and work with the medical provider regarding referral questions and follow-up.



About the Training

Clinical Training

Interns rotate through a variety of clinical settings throughout the year.

The objectives of the clinical training experience are to expose interns to:

- (1) Assessment, treatment, and consultation within a range of treatment modalities (e.g. integrated primary care, traditional mental health, day treatment)
- (2) Opportunities to work with multiple disciplines (e.g. family physicians, internists, nurse practitioners, psychiatrists, social workers, nurses, case managers)
- (3) A variety of theoretical orientations (e.g. cognitive-behavioral, systems, psychodynamic)
- (4) Diverse developmental (children, adolescents, adults, elderly) and ethnic (rural Appalachian, African-American, Hispanic, urban) populations



To meet these objectives, we aim to develop professional competency in a range of clinical settings. To allow for a diversified training experience, interns participate in two clinical rotations at a time. Each intern cycles through a traditional community mental health rotation, integrated primary care rotation and a psychosocial rehabilitation rotation.

We also recognize the individual training interests and needs of each intern. The internship structure is designed for flexibility to allow for each intern to incorporate elective clinical experiences to increase the breadth, depth and diversity of their training. We work together with each intern to develop his or her own unique clinical interests within the core framework of our internship.

Integrated Primary Behavioral Care

Interns participate in this rotation for a total of eight months of the intern year. The Integrated Primary Behavioral Care rotation offers interns the unique opportunity to train in a growing area of psychology. Interns serve as behavioral consultants within a primary care setting (adult, family practice, pediatric).

As members of an interdisciplinary primary care team, interns will be involved in:

- On site and timely assessment
- Brief intervention
- Consultation
- Consultative case management with primary care patients

Interns will provide a range of health psychology services to patients and medical providers, including:

- Psycho-education
- Management of behavioral factors in illness and health
- Implementation of evidence-based treatment protocols for mental health disorders

For example, interns will be called in to assess and treat patients presenting with behavioral concerns during a primary care visit, provide regular feedback to medical providers regarding specific referral questions, and follow-up with medical patients with psychological issues. During this rotation, interns develop and refine skills in brief assessment and intervention (primarily cognitive-behavioral and solution focused therapy) as well as consultation and communication with medical providers. Interns also gain experience in applying psychological theory and techniques to address behavioral aspects of health and illness.

Traditional Mental Health

This is a year-long rotation at an outpatient community health clinic within our health system. Interns will be assigned to a particular site three days a week for this rotation at the beginning of their intern year.

Assignments are determined in part by each intern's specific interests and training needs. If interns are interested in specific clinical training opportunities at two different sites, the outpatient rotation may be split between these sites.

Interns will be involved in assessment, psychotherapy, and consultative case management, coordinating treatment with psychiatrists, psychiatric nurse practitioners, primary care providers and case managers. This rotation provides opportunities for both short- and long-term individual psychotherapy, as well as group and couples' therapy. Interns will work with both children and adults, and a variety of mental health issues and diagnostic categories.

Psychosocial Rehabilitation

This four-month rotation offers the intern a unique opportunity to gain a broader sense of the importance of psychology in the community setting while focusing on the seriously and persistently mentally ill population.

In this rotation, interns will gain experience in providing psychological services in a number of different contexts beyond that of the traditional office setting. While ongoing clinical work in the office will be stressed, this rotation is designed to supplement that training with an exposure to other areas in which psychology contributes to the community.

During this rotation, the intern will gain experience working as a member of a multidisciplinary treatment team and will learn more about the interface of psychology with other community health care providers such as primary care, social work, psychiatry and nursing as well as paraprofessional disciplines such as case management and day program staff.

Interns will have opportunities to work directly with these other providers on a daily basis and will be exposed to other aspects of providing psychological services in the community as opportunity arises.

Examples of these "outside" opportunities might include:

- Working with patients who live at area group homes
- Accompanying the rotation supervisor when making contact with patients in community settings such as patient homes, nursing homes, area hospitals, etc.
- Working with day program staff and case management staff
- Taking part in crisis evaluations and the commitment process

Other possible activities include accompanying the rotation supervisor when attending treatment team meetings or screening patients at a state hospital.

Interns will also be expected to provide a training or didactic presentation to the paraprofessional staff during this rotation on a topic approved by the rotation supervisor.

Elective Clinical Rotations

Interns are strongly encouraged to take advantage of the wide array of clinical training opportunities within CHS. Interns have the option of incorporating additional specialized clinical activities into their internship experience as part of their outpatient and integrated care rotations.

The prospects for elective training include:

- Pediatric psychology
- Child/adolescent psychology
- Developmental disabilities
- Rural mental health
- Psychological services with Hispanic populations
- Employee assistance programming
- Substance abuse
- School psychology



Clinical Supervision and Evaluation

Clinical Supervision

Interns receive a minimum of four hours of formal supervision a week, including three hours of individual and one hour of group supervision. Licensed doctoral level psychologists conduct all supervision. Interns also participate in a monthly case conference led by a licensed doctoral level psychologist as part of the Professional Psychology seminar. All clinical supervisors are readily available and have an “open door” policy, allowing for additional informal supervision as needed.

Mentor Program

The internship year may be the most important year of a psychologist's training. Each intern is assigned a mentor, based on mutual interests, to guide and help consolidate their training experiences, while developing a professional identity. Each intern will have their mentor as a clinical supervisor for at least part of the year, and will meet with their mentor regularly throughout the entire training experience.



Evaluation

Evaluations of interns are scheduled quarterly. Interns will be provided with written and oral feedback regarding their progress and professional development. Interns provide formal feedback to their supervisors and the internship training director on a semi-annual basis. Interns will also complete a self-assessment during three evaluation periods (beginning, midpoint, and end of internship) to develop and monitor their training goals. Interns will meet formally with the internship training director twice a month to review progress and discuss training issues. Finally, interns will have the opportunity to meet with the psychology training committee to provide feedback on their internship experiences.

Didactic Training

Clinical Psychology Seminar

The Clinical Psychology seminar is a weekly seminar designed to provide interns with advanced clinical training in assessment and treatment of a wide range of psychological disorders and issues. Our internship faculty, within their specific area of expertise, primarily teaches seminar classes. Sample list of topics and speakers:

Topic

Integrated Care Series
Anxiety Disorder Series
Depressive Disorder Series
Developmental Disorders Series
Childhood Sexual Abuse
Suicide
Psychotic Disorders Series
Personality Disorders Series
Substance Abuse Series
Domestic Violence
Projective Assessment Series
Behavioral Medicine Series
Parent Training
Reactive Attachment Disorder
Eating Disorders
Anger Management
Objective Assessment Series
Advanced Clinical Assessment Series
Childhood Disorders Series
Forensic Psychology Series
Psycho-educational Assessment/Intervention Series
Positive Psychology
Providing Supervision
Pediatric Psychology

Speaker

Parinda Khatri, Ph.D.
Gina Hummel, Ph.D.
Parinda Khatri, Ph.D.
Bill Allen, Ph.D.
Kathleen Erickson, L.C.S.W.
John Neece, Ph.D.
Carter Miller, Ph.D.
William Richards, Ph.D.
Karen Gannon, Psy.D./Cindy West, M.Ed.
Karen Gannon, Psy.D.
Andy Demick, Psy.D.
Parinda Khatri, Ph.D.
Wimberly Thompson, L.C.S.W.
Tracy Tippett, L.C.S.W.
Gina Hummel, Ph.D.
Karen Gannon, Psy.D.
Gina Hummel, Ph.D.
Andy Demick, Psy.D.
Gina Hummel, Ph.D./Andy Demick, Psy.D.
Bill Conklin, Psy.D.
Bill Allen, Ph.D./ Brian Wilhoit, Ph.D.
Tom Bishop, Psy.D.
Bill Richards, Ph.D.
Tom Bishop, Psy.D.

Professional Psychology Seminar

The Professional Psychology/Case Conference Seminar is a weekly seminar aimed to address the professional development of interns. Didactic seminars focus on a range of timely and relevant professional issues, presented by a range of health care professionals. Monthly case conferences offer interns the opportunity to present cases and participate in peer group supervision. Case conferences are led by licensed doctoral level psychologists on a rotating basis in order to allow for exposure to a diversity of theoretical orientations and supervisory styles. Sample list of topics and speakers:

Topic

Ethics in Psychology Series
Population Based Mental Health
Cultural Diversity/Sensitivity in Clinical Practice
Clinical Psychopharmacology Series
Child and Adolescent Psychopharmacology
Managed Care and Psychology
Cultural Diversity Series: Gay and Lesbian Issues
Cultural Diversity Series: African American Population
Cultural Diversity Series: Rural Appalachian Population
Professional Practice Issues Series
Public Policy and Psychology
Licensure
Forensic Psychology Series
Psychology and the Law Series
Psychologists in a Professional Setting Series: Private Practice
Psychologists in a Professional Setting Series: Academia
Psychologists in a Professional Setting Series: Consulting
Psychologists in a Professional Setting Series: Medical Ctr.
Information Systems in Mental Health Care Series
EAP Programming
Couples Therapy
Financial Management for Psychologists
Navigating the Federal Health Bureaucracy
Motivational Interviewing
Primary Care Series
Geropsychology
Neuropsychological Assessment

* University of Tennessee

Speaker

Bill Berez, Ph.D.
Dennis Freeman, Ph.D.
Adair Allen, Ph.D.
Gregg Perry, MD
Michael Hughes, MD
Joel Hornberger, M.H.S.
Adair Allen, Ph.D.
Derrick Folsom, CHS Outreach Coordinator
Carter Miller, Ph.D.
Bill Berez, Ph.D.
Dennis Freeman, Ph.D.
Bill Berez, Ph.D.
Bill Conklin, Psy.D.
John Neece, Ph.D.
Mike Hawthorne, Ph.D., Northshore Group
Jennifer McFie, Ph.D. *
John Neece, Ph.D.
Edwin Rogers, Ph.D.*
Rex McWilliams, Psy.D.
Bill Conklin, Psy.D.
Kristina Gordon, Ph.D. *
Mark Ashford, RIA
Dennis Freeman, Ph.D./Joel Hornberger, M.H.S.
Karen Gannon, Psy.D
Ken Mays, M.D.
Brenda Karns, Ph.D.
Tom Bishop, Psy.D.

Other Didactic Training Experiences

Interns are encouraged to take advantage of the variety of continuing education opportunities sponsored by CHS throughout the year. There are usually two major continuing education workshops offered a year, in addition to several professional seminars led by a member of our professional staff. Interns are also allowed five days of continuing education leave per year.



Selected Internship Faculty

Adair Allen, Ph.D.

(University of Tennessee, Knoxville, 1999). Clinical Psychologist. Interests: assessment and treatment within the Hispanic population, working with young children and their parents.

William B. Allen, Ph.D., N.C.S.P.

(University of Tennessee, Knoxville, 1988). Vice President of Children's Services. Interests: infant and toddler assessment, early childhood development, advocacy.

Allison Ballew, Ph.D.

(University of Tennessee, Knoxville, 2003). Clinical Psychologist. Interests: sibling relationships, child and adolescent development, family therapy.

William Berez, Ph.D.

(University of Tennessee, Knoxville, 1976). Chief Clinical Officer. Interests: program administration, individual and group psychotherapy, ethics

Thomas W. Bishop, Psy.D.

(Wheaton College, 1998). Clinical Psychologist. Special Interests: pediatric psychology, positive psychology, neuropsychology, telemedicine, faith and spiritual issues in practice, rural psychology.

William Conklin, Psy.D.

(Wright State University, 1991). Clinical Psychologist. Interests: employee assistance programming, forensic services, enhancement of community health resources.

Andy Demick, Psy.D.

(University of Nova Southeastern, 1994). Clinical Psychologist. Interests: ADHD, disruptive behavior disorders, childhood anxiety disorders, sexual and physical abuse of children, dissociative disorders in children and psychosis.

Dennis S. Freeman, Ph.D.

(University of Tennessee, Knoxville, 1970). Chief Executive Officer. Interests: integration of primary care and mental health care systems, health care cost containment, managed care systems, public health policy.

Karen Gannon, Psy.D.

(Georgia School of Professional Psychology, 2000). Clinical Psychologist. Interests: substance abuse, parent training, mood disorders.

Gina Hummel, Ph.D.

(University of Mississippi, 1999). Clinical Psychologist. Interests: pediatric integrated care, anxiety disorders in children and disruptive behavior disorders.

Parinda Khatri, Ph.D.

(University of North Carolina at Chapel Hill; 1996). Internship Training Director. Interests: integrated care, behavioral medicine.

Rex L. McWilliams, Psy.D.

(Florida Institute of Technology in Clinical Psychology, 1991) Chief Information Officer. Interests: behavioral medicine, systems analysis, organizational research, software application development.

A. Carter Miller, Ph.D.

(Texas A&M University, 1993). Vice President of Psychosocial Rehabilitation Services. Interests: chronic illnesses, paraprofessional training and development, community psychology.

John Neece, Ph.D.

(Texas A&M University, 1993). Clinical Psychologist. Interests: psychology and law, child psychology.

Karina Stewart, Psy.D.

(Nova Southeastern, 2000). Clinical Psychologist. Interests: individual therapy with adults and adolescents, psychological assessment, community mental health.

Brian Wilhoit, Ph.D.

(University of Tennessee, 2000). Director of School Psychology Services. Interests: school psychology, research evaluation & assessment, psychometrics.

Internship Benefits

Stipend

The stipend for the psychology internship is \$23,660 paid in 26 biweekly payments.

Benefits

Cherokee Health Systems offers a comprehensive benefits plan for psychology interns, including health insurance, dental insurance, optional life and disability insurance, and retirement plan. Please refer to the Cherokee Benefits brochure for more detailed information.

Start Date

The start date of this twelve-month internship is July 23, 2007.

Vacation and Leave

Interns are allocated twenty days of paid time off (PTO) to use for vacation, dissertation research, sickness, medical or dental appointments and other personal business. In addition, all Cherokee employees enjoy a total of eight paid holidays a year.

Continuing Education

Interns are allowed up to five days leave for professional development and continuing education activities.

Professional Liability

Interns are covered for their internship training activities under Cherokee's professional liability insurance (\$1,000,000.00 per claim and \$3,000,000 aggregate).



APPIC Membership and APA Accreditation

The Cherokee Health Systems psychology internship program is APA approved and an approved member of APPIC. The internship program, including clinical training, didactics and supervision is designed to meet APA requirements for accreditation.

APPIC Policies

This internship site agrees to abide by the AAPIC policy that no person at this training facility will solicit, accept, or use any ranking-related information from any intern applicant.

Nondiscrimination Policy

We abide by APPIC's policy on nondiscrimination.

For additional information about Cherokee Health Systems, please visit our website:

www.cherokeehealth.com

Application Procedure

Qualifications

Applicants must be advanced students in good standing in APA-approved graduate programs in clinical or counseling psychology.

General Application and Selection Procedures

The Cherokee Health Systems psychology internship program is APA approved and an approved member of APPIC. The standard APPIC application must be submitted by Nov 15, 2006. After all applications have been screened by our training committee, selected applicants will be invited for an on-site interview. Applicants will have the opportunity to visit our sites and meet with several of our faculty. Our program will participate in the computerized match. We agree to abide by the APPIC policy that no person at this training facility will solicit, accept or use any ranking-related information from any intern applicant.

Program Code Number

3241

Application Checklist

- Brief cover letter
- APPIC Application for Psychology Internship
- Graduate school transcript
- Current vita
- Three letters of recommendation

Email

Cover letter, APPIC application, and current vita can be emailed to:

parinda.khatri@cherokeehealth.com

All other application materials can be addressed to:

Parinda Khatri, Ph.D.
Psychology Internship
Cherokee Health Systems, Inc.
2018 Western Avenue
Knoxville, Tennessee 37921