

PROSPER

Proactive Reduction Of Suicide in Populations via Evidence-based Research

Webinar Description

A recent study found therapists less willing to treat patients with suicidal symptoms due to therapists' self-identified lack of training and resources. Less than 50% of graduate training programs in mental health provide formal instruction on suicide risk assessment, and such training equals 90 minutes on average. This four-hour, intermediate-level program is sponsored by Cherokee Health Systems, KnoxWell, and Meharry Medical College. Through didactics, discussion, demonstration, video and skills practice, learners will increase their competence, confidence and comfort managing suicidal patients. Attendees will develop the most contemporary skills in evidence-based risk assessment, management and clinical decision making for suicidal persons.

Webinar Instructor

Dr. Kent A. Corso is a licensed clinical psychologist and board-certified behavior analyst. His experience in military and veteran suicide prevention began almost two decades ago, while serving as an officer in the U.S. Air Force. Since then, Dr. Corso has researched, developed and trained others to implement evidence-based methods of suicide prevention and intervention nationally and internationally. He has published numerous peer-reviewed research papers and with his expertise in behavior analysis, is a leading expert in novel scientific methods and digital technologies for analyzing variables and patterns associated with suicide.



Questions? Please call Laura Porter, PhD, at 865-947-6220.

***Kent A. Corso,
PsyD, BCBA-D***



Date

February 20, 2021

Time

8:45am - 1:15pm

Live Via Zoom

LEARNING OBJECTIVES

1. Adopt language for suicidality that is respectful and non-judgmental.
2. Assist patients with suicidal symptoms in a collaborative, empowering way, anchored in their values and priorities.
3. Assess suicide risk in 10 minutes or less.
4. Discuss ambivalence and reasons for living with patients.
5. Collaboratively devise a crisis response plan that may reduce suicide attempts by 76%.
6. Provide brief interventions to de-activate the suicidal mode.

Cherokee Health Systems, KnoxWell, and Meharry Medical College Department of Family Medicine are pleased to sponsor a free, online (Zoom), interdisciplinary continuing education program on

Proactive Reduction of Suicide in Populations via Evidence-based Research (PROSPER)

with **Kent Corso, PsyD, BCBA-D**

Schedule on February 20, 2021

8:45am-9:00am	Connect to Zoom and Introduction
9:00am-10am	Module I: Basic Suicide Prevention Gatekeeper Training and a New Paradigm for Suicide Management
10am-10:05am	Break
10:05am-11:00am	Module I: Basic Suicide Prevention Gatekeeper Training and a New Paradigm for Suicide Management
11:00am-11:05am	Break
11:05am-12pm	Module II: Conducting Risk Assessment and Developing Crisis Response Plans
12pm-12:05pm	Break
12:05pm-1:15pm	Module II: Conducting Risk Assessment and Developing Crisis Response Plans

Participants

This program is open to behavioral health providers, psychiatric prescribers, primary care providers, nurses, and clinical pharmacists in the Knoxville community who offer direct clinical services to patients. The material will be appropriate to intermediate levels of practice and knowledge.

Fees and Registration

There is no cost to attend this program, but registration is required. Please use this link to register:

<https://cherokeehealth.zoom.us/meeting/register/tJAudeGurDMiGNzTTz2IsQv3JUDN9TWmi6XE>

Attendance will be limited to 50 participants. Please make requests for accommodation for special needs to Laura Porter (865-947-6220) at least two weeks before the program.

Continuing Education

4 CE and CME credits will be available to those who attend in full and submit a completed online program evaluation form. Credit is not available for partial attendance; attendees must attend **all four hours** to be eligible for continuing education credit. For complete information about continuing education, please contact Laura Porter, PhD, at 865-947-6220.

American Psychological Association Approval Statement

Cherokee Health Systems is approved by the American Psychological Association to sponsor continuing education for psychologists. Cherokee Health Systems maintains responsibility for this program and its content.

Additional Continuing Education Information

Behavioral Health Providers

Cherokee Health Systems is committed to conducting all activities in conformity with the American Psychological Association's Ethical Principles for Psychologists. Cherokee Health Systems is also committed to accessibility and non-discrimination in continuing education activities. Participants are asked to be aware of the need for privacy and confidentiality throughout the program. If program content becomes stressful, participants are encouraged to process these feelings during discussion periods. If participants have special needs, we will attempt to accommodate them. Please address requests, questions, concerns and any complaints to Laura Porter, PhD, at 865-947-6220.

Funding Acknowledgment Statement

Dr. Corso's presentation is funded by a grant from the United Way of Greater Knoxville and the Health Resources and Services Administration (HRSA) through the Tennessee Area Health Education Center program. There is no commercial support for this program nor are there any relationships between Cherokee Health Systems, the presenters, program content, research, grants or other funding sources that could reasonably be construed as conflicts of interest. During the program, the validity/utility of the content and risks/limitations of the approaches discussed will be addressed as appropriate.

Primary Care Providers

Accreditation: Meharry Medical College is accredited by the Accreditation Council for Continuing Medical education (ACCME) to provide continuing medical education (CME) for physicians.

Credit Designation: Meharry Medical College designates this live activity for a maximum 4.0 *AMA PRA Category 1 Credit*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Funding Acknowledgement Statement

This partnership is supported by the Health Resources and Services Administration (HRSA), Bureau of Health Workforce under award number: U77HP03040. Its contents are solely the responsibility of the investigators and do not necessarily represent the official views of the HRSA.

Social Workers: The Kenneth and Madge Tullis, MD Suicide Prevention Training Act

Beginning January 1, 2020, all persons who hold an active LBSW, LMSW, LAPSW, or LCSW must complete a minimum two (2) hour Board-approved training program relative to suicide prevention at least once every four (4) years. It is the licensee's responsibility, using his or her professional judgment and utilizing the guidelines provided within these rules, to determine whether or not the programs are applicable and appropriate to professional development and meet the specified standards.

Selected References/Recommended Reading

Belsher BE, Smolenski DJ, Pruitt LD, Bush NE, Beech EH, Workman DE, Morgan RL, Evatt DP, Tucker J, Skopp NA. (2019). Prediction Models for Suicide Attempts and Deaths: A Systematic Review and Simulation. *JAMA Psychiatry*, 76 (6): 642-651. doi: 10.1001/jamapsychiatry.2019.0174. PMID: 30865249.

Bryan CJ, & Corso KA. (2014). Evidence-based treatment of the suicidal patient in the patient centered medical home. *Cognitive and Behavioral Practice*, 21 (3): 269-281. DOI: 10.1016/j.cbpra.2014.04.006

Bryan, C.J., Mintz, J., Clemans, T.A., Burch, T.S., Leeson, B., Williams, S.R., & Rudd, M.D. (2018). Effect of Crisis Response Planning on Patient Mood and Clinician Decision Making: A Clinical Trial with Suicidal U.S. Soldiers. *Psychiatric Services*, 69 (1):108-111. doi: 10.1176/appi.ps.201700157.

Bryan CJ, Mintz J, Clemans TA, Leeson B, Burch TS, Williams SR, Maney E, Rudd MD. (2017). Effect of crisis response planning vs. contracts for safety on suicide risk in U.S. Army Soldiers: A randomized clinical trial. *Journal of Affective Disorders*, 212, 64-72. doi: 10.1016/j.jad.2017.01.028.

Franklin JC, Ribeiro JD, Fox KR, Bentley KH, Kleiman EM, Huang X, Musacchio KM, Jaroszewski AC, Chang BP, Nock MK. (2017). Risk factors for suicidal thoughts and behaviors: A meta-analysis of 50 years of research. *Psychological Bulletin*, 143 (2):187-232. doi: 10.1037/bul0000084.

Groth T., Baccio D.E. (2019). Psychologists' willingness to provide services to individuals at risk of suicide. *Suicide & Life-Threatening Behavior*, 49 (5): 1241-1254.

Roush, J. F., Brown, S. L., Jahn, D. R., Mitchell, S. M., Taylor, N. J., Quinnett, P., & Ries, R. (2018). Mental health professionals' suicide risk assessment and management practices: The impact of fear of suicide-related outcomes and comfort working with suicidal individuals. *Crisis: The Journal of Crisis Intervention and Suicide Prevention*, 39 (1), 55–64. <https://doi.org/10.1027/0227-5910/a000478>

