

Clinical Child and Adolescent Psychology Track

Fellows in the Clinical Child and Adolescent Psychology track have the opportunity to gain a rich and varied breadth of training opportunities with pediatric populations. This track is well suited for fellows with interests and learning goals in the areas of: Pediatric Primary Care Psychology, Outpatient Specialty Mental Health, School Based Treatment, Autism and Developmental Disorders, as well as a combination of these experiences. Fellows are exposed to best practices in child behavioral health care and are offered the opportunity to gain training and clinical practice in evidenced based interventions such as Trauma Focused Cognitive Behavioral Therapy (TF-CBT) and Parent Child Interaction Therapy (PCIT). In support of CHS' mission to increase access to quality services, Fellows work as members of a multi-disciplinary team to reduce barriers to early prevention and intervention services and to promote health and wellness. Given the safety net population served by CHS, trauma is unfortunately a prevalent concern and as such much of our clinical practice, and training, is informed and guided by trauma informed approaches.

Rural Clinic Placements: Newport, Talbott, Maynardville, Alcoa, and Seymour clinics
and Blount, Anderson, and Sevier County Schools

Urban Clinic Placements: Center City, Frayser, Whitehaven, Dameron, East Knox

Training Objectives: Build and refine advanced skills and knowledge in:

- Training in the impact of trauma on development in children and evidence-based treatment to target trauma-impacted youth and families
- Treatment in a diverse outpatient clinic with opportunities to work with specialists in multiple disciplines (e.g., psychiatrists, social workers, nurses, case managers, family physicians, nurse practitioners, pharmacists). Diverse developmental (early childhood, middle childhood, adolescents, and families) and ethnic (rural Appalachian, African-American, Latino, urban, refugee) populations

Expected proficiencies at conclusion of Fellowship:

- Advanced skills and knowledge in assessment, case formulation and consultation on complex cases of children
- Thorough knowledge of best practice guidelines for children and youth
- Advanced treatment expertise with children, youth, and families, including specific skills in interventions with complex cases involving multiple systems, diverse social stressors (including trauma), and psychological co-morbidities with families who are traditionally under-served