

School Therapy Track

Cherokee offers the unique opportunity for children and adolescents to receive specialty therapy services within the school setting in order to reduce barriers to accessing quality mental health treatment. Fellows in the School Therapy track provide individual, family, and group therapy to students in elementary, middle, and high schools across East Tennessee. Additionally, fellows frequently collaborate with school staff and provide consultation for, and/or training on a variety of mental health topics (e.g., classroom behavior management, trauma, suicide). Common presenting concerns in the school setting include anxiety, depression, stress and/or trauma, oppositional or defiant behaviors, ADHD, addiction, and poor social skills. Fellows work as members of the Cherokee multi-disciplinary team to link students and their families with additional services and resources, such as primary care, case management, and/or psychiatry, as clinically indicated.

Counties served: Anderson, Blount, Grainger, Hamblen, Sevier

Fellows can expect opportunities to provide the following psychological services:

- Clinical assessment
- Implementation of evidence-based practice to address behavioral health concerns (e.g., CBT, CBITS, TF-CBT, ARC, and DBT).
- Consultation and collaboration with school counselors, teachers, and other school staff
- Consultation and collaboration with a multidisciplinary healthcare team

Supervisors for the School Therapy track include:

Caleb Corwin, PhD
Emily Corwin, PhD
Maggie Holland, PhD
Anna Taubenheim, PsyD

Sample School Therapy Fellow Schedule:

	Monday <i>(Anderson County High)</i>	Tuesday <i>(Lake City Middle)</i>	Wednesday <i>(Anderson County High)</i>	Thursday <i>(Lake City Elementary)</i>	Friday <i>(Anderson County High)</i>
8a	Intake	Therapy Patients	Intake	Intake	Parent/Family Therapy Session
9a	Therapy Patients		Therapy Patients (Group)	Therapy Patients	Therapy Patients
10a					
11a		Intake	Individual Supervision		Individual Supervision

12p	Lunch	Lunch	Lunch	Lunch	Lunch
1p	Intake	Therapy Patients	Therapy Patients	Therapy Patients (Group)	Intake
2p	Therapy Patients	Intake			Therapy Patients
3p	Teacher/School Counselor Consultation	Parent/Family Therapy Session	Teacher/School Counselor Consultation	Parent/Family Therapy Session	Teacher/School Counselor Consultation
4p	Return to home office to wrap up	Professional Development Seminar	School Therapy Conference Call	Return to home office to wrap up	Return to home office to wrap up

Goals: Build and refine advanced skills and knowledge in:

- Treatment in the school setting with opportunities to work with specialists across multiple disciplines in schools and in traditional mental health outpatient clinics (e.g., teachers, school counselors, psychiatrists, social workers, nurses, case managers, family physicians, nurse practitioners, pharmacists)
- Training on the impact of trauma on development in children and evidence-based treatment to target trauma-impacted youth and families
- Diverse developmental (early childhood, middle childhood, adolescents, and families) and ethnic (rural Appalachian, African-American, Latino, urban, refugee) populations
- Consultation and collaboration with school staff to effectively provide evidence-based practice to treat mental health problems in the school setting
- Education and training to schools and other child-serving agencies to disseminate and enhance best-practice treatment for children and youth

Objectives:

- Advanced skills and knowledge in assessment, case formulation, and consultation on complex cases of children and adolescents
- Thorough knowledge of best practice guidelines for children and adolescents
- Advanced treatment expertise with children, adolescents, and families, including specific skills in interventions with complex cases involving multiple systems, diverse social stressors (including trauma), and psychological co-morbidities with families who are traditionally under-served